

PE and Sports Premium Information

At Woodlands Academy of Learning we want children to experience a wide range of high quality physical activities that will enhance their lives, not only through high quality physical exercise (PE) and swimming but through the development of physical skills that will assist in day to day life.

What is the provision for Physical Activity at Woodlands?

PE is taught to each class for one hour per week

Swimming is taught to:

- Year One pupils all through the school year – an additional commitment from Governors
- Year Four pupils swim for two terms.
- Any child who is still unable to swim a minimum of 25 metres, is given additional swimming time at the end of Year 6.

Pupils participate in “Wake Up and Shake Up” for ten minutes every morning before school starts and Activ8 every morning and afternoon for a total of 15 minutes per day.

At Woodlands we have our own Sports Coach to give our children high quality PE teaching and use his expertise to give staff access to high quality CPD (Continuing Professional Development).

Woodlands is part of the Willenhall EACT Academy sports partnership and regularly take part in inter school activities and sports including, fencing, tag rugby, tennis, athletics and dance. Occasionally we need to fund transport costs for these events.

Weekly Judo sessions are held in the school hall led by Keith Jones of Nico Coaching Partnership. Currently one of our ex-pupils is assisting Keith to lead this activity which is great to see.

At dinner-time we have two members of staff who “play” with the children on Key Stage 1 and Key Stage 2 playgrounds. Regular and up-dated equipment is purchased using school budget or supermarket voucher schemes.

Our pupils have many opportunities to develop their physical skills through extra curriculum based activities. We have a very successful and thriving Garden Club, children are able to cycle and / or “scoot” to school and children are encouraged, where possible, to walk to school. Our involvement in the A Stars project will further enhance the benefits of such activities and will include training sessions like “Bike Ability” (Y5/6); “Scooter Skills” (Y2) and “Walking to School Safely” for our Nursery and Reception children. Our children who are A Star Sheriffs are instrumental in leading this project within the academy. Our Forest School is a weekly foray into the outdoors for EYFS and pupils across the school through their science learning. Year 6 have a very active week at Bryntysilio Outdoor Education Centre. Our annual Health and Fitness week is a whole week of physical activity – sports days, parent and child exercise classes, dance classes, Maypole dancing, Zumba, Keep Fit, athletics etc etc.

Sports Premium Information 2016 - 2017

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Plans for Sport Premium Fund 2016 – 2017

- Amount received from the grant: £9725
- Swimming in Y1, weekly sessions all year
- Swimming in Y4 and Y6
- House T Shirts
- Three days Sports Coach
- PE equipment
- Resources to implement Happy Lunchtimes
- Taste Time Resources
- Amount Committed in total to the PE curriculum £31,477

Swimming

We believe swimming is a vital life skill and consequently the Governing Body have committed funds for additional swimming lessons in KS1. Y1 children will have a weekly swimming lesson in addition to the weekly lessons in Y4 and Y6. Costs include transport, pool hire, bages and expert swimming teachers.

Sports Coach

Since September 2016, Woodland's now has a dedicated sports coach who works three days per week, therefore we have an extra day of expertise. This means we shall be providing more sport clubs during lunchtime and continuing the two after school sports clubs. Professional development is planned for Teachers who will be undertake training and will have the opportunity to observe the sports coach.

Achievement in Physical Fitness

All children will assess their baseline fitness in September, which will be re-visited during the year with the aim of improving each child's level of fitness.

PE kit

We have a wonderful school site that can be used throughout the year if children have the correct PE wear. Therefore we amended the current PE kit and have introduced a tracksuit from September 2016 so that children can undertake appropriate PE lessons outside.

Also, house colour T Shirts were also introduced throughout the Academy in September to introduce a competitive spirit and raise the status of House Points. Every child was given the first T Shirt as a gift at the start of this academic year.

Taste Time

Taste Time was introduced during 2015 – 2016 as part of the curriculum for Design and Technology. Every year group will have the termly opportunity to plan, prepare and taste a simple meal or food. This will enable children to develop their knowledge of healthy food and to extend their experiences of types of food whilst enabling children to develop the skill of preparing simple meals. The sports premium funds the ingredients for taste time.

Happy Lunchtimes

A key focus during 2015 – 2016 was the development of lunchtime activity to enable all children to have active and fun lunchtime breaks. Part of the sports premium funds the necessary resources for the lunchtime activities.

Sports Premium Information 2015 - 2016

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact of 2015 – 2016

- Amount received from the grant: £9725
- Swimming / Learner Pool
- House T Shirts
- Sports Plus: Two days per week
- Happy Lunchtimes Consultant
- Resources to implement Happy Lunchtimes
- Taste time
- Amount Committed in total to the PE curriculum £26,974

The long term aim is to increase the status of PE at Woodlands and increase the physical activity of our children.

A couple of classes assessed their baseline fitness in October, and then re-visited during the year with the aim of improving each child's level of fitness.

Fitness Tests (speed and endurance) were carried out in October 2015 and then repeated in May 2016.

Speed

- All but one child ran quicker from the baseline assessment.
- 16/27 children ran more than 1 minute quicker than Oct
- Average improvement was just over 1.05 seconds

Endurance

- All children ran quicker in May than in October
- 19/23 children ran more than 1 second quicker
- Average improvement was 5.82 seconds

Happy Lunchtimes

Our main commitment during this year for the sports premium funding was to develop constructive and purposeful play during lunch times. So that the ethos can be further enhanced through the value of sportsmanship, exercise, recognition and value of rules, cross year group friendships all contributing to a positive and enjoyable lunchtime.

Professional development was provided by an Educational Consultant for all lunchtime supervisors with new resources and zoning in the play areas. Wet lunches were also reviewed and reorganised. Children and staff completed questionnaires before the changes and repeated again after the new plan was implemented.

Impact:

- Lunchtimes are more fun and exciting
- Children enjoying new activities and experiences at lunchtime
- Children developing the skills of sharing, team work and sportsmanship
- Lunch supervisors are empowered and feel valued
- Children learn valuable play and social skills
- Children keep fit and healthy
- Children develop sports skills
- Children are occupied and incidences of fall outs and accidents are fewer
- Less children with behavioural or first aid issues at lunchtime.
- Children are warm if they are active in the colder months
- Children return to class having burnt off some energy, ready to settle down to learning in the afternoons.

Extra-Curricular Sports Clubs

We extended our provision of after school clubs, with two additional after school clubs (one for KS2 and one for KS1 / R). Plus a football club by Sports plus is run during a lunchtime, which is timetabled for each year group. (Funded by Sports premium)

Impact:

- Clubs were full
- Children in KS1 and R had the opportunity for the first time to attend a PE club after school
- We had a football team who were able to develop their skills during the lunchtime club and play in regular matches with other schools
- We attained the Bronze Award for PE.

Taste Time

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Impact:

- Children have developed their knowledge of what constitutes healthy food.
- Children are tasting different foods, outside of their current experience
- Children understand the importance of hygiene when preparing food or meals
- Children are able to prepare simple meals independently

Sports Premium Information 2014 - 2015

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact of 2014 – 2015

- Amount received from the grant: £9725
- Amount Committed in total for the equipment: £15,500

Woodlands spent all the Sports Premium Grant and committed an additional amount to purchase a safe yet adventurous climbing zone on the Key Stage One playground (approximately £12,250) and a "Trim Trail" for Key Stage Two pupils in order to develop our children's gross motor skills in KS1 and KS2. (approximately £3,250)

Both climbing zones are timetabled daily for use during play, lunch times and within PE lessons. They are well used and enjoyed by children of all ages, including Reception who have timetabled access.



What do our children think? This is what our Learning Ambassadors have to say...

"I love them because I get to play 'minecraft' on the climbing frame with Lewis" Joshua Jake (1H)

"They're good for climbing on because at home I don't have a climbing frame." Hollie Turner (2A)

"I felt a bit nervous when I first climbed to the top." Ellie Roath-More (1H)

"The climbing wall is tricky to climb along because some of the handles are high and some are low." Luke Baker (2A)



What do our children think? This is what our Learning Ambassadors have to say...

“The Jungle Gym teaches everyone to share and be patient.” Jake Taylor (5T)

“It develops your skills and teaches you how to climb and swing.” Callum Pearce (6E)

At first I couldn't do the monkey bars but I can now.” Tegan Hobbs (5T)

“It's fun!” Isabelle Fillingham (6E)

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact of 2013 – 2014: Open Door Therapy

All of our Y3 children and other identified children participate daily in Open Door Therapy. We utilised our sports grant funding in 2013 – 2014 to fund the professional development and qualification for the SENCo. Open Door Therapy has been extremely successful in developing and improving all of the children's fine and gross motor skills whatever their initial ability. Hand eye coordination, balance and posture are improved considerably through a series of specifically designed exercises that are carried out each day.

Two Teachers in our Y3 Team were invited to speak in Chester, November 2014 and during Autumn 2015 they also presented at the Royal Society of Arts, London (INPP the Development in Education Conference). The aims of these presentations were to explain the administration of the programme for our school, the impact of the programme, data and evidence, as well as the views of the children. In the audience were delegates from around the world along with members of the government and the academic community. The presentation was positively received and was met with numerous questions, which resulted in many of the delegates considering a different approach of implementation due to the evidence put forward.