



PE and Sports Premium Information

At Woodlands Academy of Learning we want children to experience a wide range of high quality physical activities that will enhance their lives, not only through high quality physical exercise (PE) and swimming but through the development of physical skills that will assist in day to day life.

What is the provision for Physical Activity at Woodlands?

At Woodlands we aim to increase our children's heart rates at least three times a week through the activities listed below.

- Every week at least one hour of high quality PE lesson taught by sports coach or class teacher.
- Once a week all children and staff (if they wish) will build up their stamina to jog/run a mile. Children will keep their own records on their progress and improvements week by week.
- Once a week children will take part in a 15 minute dance burst in class.

Swimming

For classes that are taught swimming, this will also count as their one hour of physical fitness. Swimming is taught to:

- Year One pupils all through the school year – an additional commitment from Governors
- Year Four pupils swim for two terms.
- Any child who is still unable to swim a minimum of 25 metres, is given additional swimming time at the end of Year 6.

Pupils participate in "Wake Up and Shake Up" for ten minutes every morning before school starts.

At Woodlands we have our own Sports Coach to give our children high quality PE teaching and use his expertise to give staff access to high quality CPD (Continuing Professional Development).

Woodlands is part of the Willenhall EACT Academy sports partnership and regularly take part in inter school activities and sports including, swimming, tag rugby, football, gymnastics, skipping, dodgeball, athletics and agility. Occasionally we need to fund transport costs for these events.

Weekly Judo sessions are held in the school hall led by Keith Jones of Nico Coaching Partnership.

All children at Woodlands have the opportunity to take part in our two afterschool clubs run by our Sports Coach. There are two sessions in which one will focus on KS1 and another for KS2. The focus for these clubs alternate each half term and can be found on our website.

At dinner-time we have two members of staff who "play" with the children on Key Stage 1 and Key Stage 2 playgrounds. Regular and up-dated equipment is purchased using school budget or supermarket voucher schemes.

Additional lunch time clubs are running for our KS1 and KS2 pupils. This is a drop in session in which children can chose to take part each week. These are run by our own Sports Coach in which all abilities can be catered for.

Our pupils have many opportunities to develop their physical skills through extra curriculum based activities. We have a very successful and thriving Garden Club, children are able to cycle and / or “scoot” to school and children are encouraged, where possible, to walk to school. Our involvement in the A Stars project will further enhance the benefits of such activities and will include training sessions like “Bike Ability” (Y5/6); “Scooter Skills” (Y2) and “Walking to School Safely” for our Nursery and Reception children. Our children who are A Star Sheriffs are instrumental in leading this project within the academy. Our Forest School is a weekly foray into the outdoors for EYFS and all pupils across the school through their science learning. Year 6 have a very active week at Bryntysilio Outdoor Education Centre in which they can embed the School Games values of Respect, Passion, Honesty, Self Belief and most importantly Teamwork. Our annual Health and Fitness week is a whole week of physical activity – sports days, dance classes, visiting outside clubs, Zumba, Keep Fit, athletics etc etc.

For the past two years Woodlands has also been granted Bronze level accreditation from School Games Mark. This is an award we are extremely proud of and using the Inclusive Health Check tool and annual review of the criteria we are striving to reach our next milestone.



Sports Premium Information 2017 - 2018

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Plans for Sport Premium Fund 2017 – 2018

- Amount received from the grant: £9725
- Swimming in Y1, weekly sessions all year
- Swimming in Y4 and Y6
- Three days Sports Coach
- PE equipment
- Resources to implement Happy Lunchtimes
- Taste Time Resources
- Phunky Foods
- Health and Fitness week instructors- specialised teachers
- New sports track marked out on field,
- Amount Committed in total to the PE curriculum £ 35,852

NB This academic year, the Government have stated that the sports premium fund will be increased. However, at publishing we don't have the exact figures.

Swimming

We believe swimming is a vital life skill and consequently the Governing Body have committed funds for additional swimming lessons in KS1. Y1 children will have a weekly swimming lesson in addition to the weekly lessons in Y4 and Y6. Costs include transport, pool hire, badges and expert swimming teachers.

Sports Coach

Since September 2016, Woodland's now has a dedicated sports coach who works three days per week. This means we shall be providing more sport clubs for KS1 and KS2 during lunchtimes and continuing the two after school sports clubs. We are also looking into an additional afterschool club which will be targeted at teams to compete at the level one intra competitions. Professional development is planned for Teachers who will be undertake training and will have the opportunity to observe the sports coach.

Achievement in Physical Fitness

This year we will be trialling a new assessment tool in which teachers will be able to quickly assess children's ability during PE sessions. This will also fall in line with other foundation subjects assessments across the Academy using the BAD approach.

Taste Time/ Phunky Food

Taste Time was introduced as part of the curriculum for Design and Technology. Every year group will have the termly opportunity to plan, prepare and taste a simple meal or food. This will enable children to develop their knowledge of healthy food and to extend their experiences of types of food whilst enabling children to develop the skill of preparing simple meals. The sports premium funds the ingredients for taste time.

This year we are also looking at Punky Foods for our children at Woodlands. The Phunky Foods programme is going to help us improve the dietary and physical activity habits of our children. In line with the childhood obesity document we will help empower children, alongside their families and communities, to take control over their wellbeing to enable them to live longer, healthier and more fulfilled lives. This programme will be delivered in a whole-school approach to healthy lifestyles and to engage all pupils, and their families, in promoting tangible health behaviour changes in a fun, lively and positive manner.

Happy Lunchtimes

We still have a continuing focus on the development of lunchtime activity to enable all children to have active and fun lunchtime breaks. Part of the sports premium funds the necessary resources for the lunchtime activities.

New Vision

To improve the fitness levels and the importance of keeping active we are introducing the Run a Mile activity. Once a week all children and staff (if they wish) will build up their stamina to jog/run a mile. This will be completed on a weekly basis and children will be recording their timings so they can easily see their progress over the year. Children will be asked to create a baseline on either their time they get out of breathe or the time they take to complete the mile distance. Staff also have the opportunity to take part to improve fitness and lead a healthy lifestyle.

To also encourage physical activity we are aiming for the children to take part in a 15 minute dance burst in class each week. This short burst of activity will raise heart rates and challenge coordination.

Sports Premium Information 2016 - 2017

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact for Sport Premium Fund 2016 – 2017

- Amount received from the grant: £9725
- Swimming in Y1, weekly sessions all year
- Swimming in Y4 and Y6
- House T Shirts
- Three days Sports Coach
- PE equipment
- Resources to implement Happy Lunchtimes
- Taste Time Resources
- Amount Committed in total to the PE curriculum **£31,477**

Swimming

This year we have been reviewing the progress of our children in swimming.

To achieve the National Curriculum children should be able to swim 25m. This data shows the amount of children in year 4 that have passed this benchmark and will not need additional lessons in year 6.

2016/17	4N (29 chn)	4R (31)
Passed 25m or further	16 chn 55%	18 chn 58%
Need to be retested in Y6	13 chn 45%	13 chn 42%

Because the year one swimming sessions were an additional opportunity for children at Woodlands we have assessed their progress from the start of the year to the end. Results have found:

2016/17 Year 1 analysis
<ul style="list-style-type: none"> • 58 children in year 1 swam in 2016-2017 • All children made progress from their baseline. • 5/ 58 are now swimming at National Curriculum level of 25m unaided. • This is the first year 1 cohort to swim in the deep water pool at Willenall E-ACT.

Sports Coach

This year our Sports Coach has worked with our NQT to support their teaching and understanding of how to provide high quality PE lessons. During this time staff have observed our coach and then built up their teaching skills to then team teach with him.

Achievement in Physical Fitness

During the Summer term children's fitness levels were tested again. Evidence found that most children across the Academy made improvements in speed and agility. An area which needs improvement was the children's endurance. Data has shown this is a weakness across most classes in the Academy.

PE kit

Most children now at Woodlands have an outdoor kit in which we use when the children take part in an outdoor PE lessons. This has now given us the ability to keep our children active in all weathers.

House colour T Shirts are worn during every PE lesson to promote competition within lessons and to raise the awareness of competition across peers.

What do our children think?

'Colours help us work better as a team,' says Morten Bickley

'The colours help us to be competitive,' says Alex Hill

'On Sports Day we run in our colours to get more points for our house,' says Jack Benton

'Our colours put us into mini teams within a PE lesson which is good,' says Finley Westwood

'As a whole school we are working together,' says Finley Jackson

The house coloured T Shirt are also worn during our Sports Days in which children compete for their house to gain points which all add up to a winning prize at the end of term. Children's enthusiasm for their house colours clear and they want to achieve for their team. These are our results for 2017.

Sports Day results

Overall winners

1. Foxes – 772
2. Hedgehogs- 747
3. Squirrels- 694
4. Rabbits- 625



Well done to all that took part.

We also spent some of our PE budget on Woodlands Leotards which pupils wore to the gymnastic competition in June and then went on to the Black Country games in which they came 3rd in the Walsall borough.



Taste Time

Taste Time is still an important part in promoting a healthy lifestyle and creating strong links with Food Technology. We still continue to do this and is completed termly. Each year group link their food/drink taste time to the unit of work being covered during that term. Examples were:

Year 1- created healthy fruit salads linked with Science

Year 4- tried a variety of tropical fruit which linked nicely with their Unit of Discovery of the Rainforest.

Happy Lunchtimes

Lunchtimes continue to be driven by the Happy Lunchtime vision. Planning for each day is created by the play leaders and lunchtime supervisors and zone has a purpose. The Woodlands lunchtime staff has the freedom of choice and are able to change zones according to the requests of children and the use the equipment in various ways.





Sports Premium Information 2015 - 2016

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact of 2015 – 2016

- Amount received from the grant: **£9725**
- Swimming / Learner Pool
- House T Shirts
- Sports Plus: Two days per week
- Happy Lunchtimes Consultant
- Resources to implement Happy Lunchtimes
- Taste time
- Amount Committed in total to the PE curriculum **£26,974**

The long term aim is to increase the status of PE at Woodlands and increase the physical activity of our children.

A couple of classes assessed their baseline fitness in October, and then re-visited during the year with the aim of improving each child's level of fitness.

Fitness Tests (speed and endurance) were carried out in October 2015 and then repeated in May 2016.

Speed

- All but one child ran quicker from the baseline assessment.
- 16/27 children ran more than 1 minute quicker than Oct
- Average improvement was just over 1.05 seconds

Endurance

- All children ran quicker in May than in October
- 19/23 children ran more than 1 second quicker
- Average improvement was 5.82 seconds

Happy Lunchtimes

Our main commitment during this year for the sports premium funding was to develop constructive and purposeful play during lunch times. So that the ethos can be further enhanced through the value of sportsmanship, exercise, recognition and value of rules, cross year group friendships all contributing to a positive and enjoyable lunchtime.

Professional development was provided by an Educational Consultant for all lunchtime supervisors with new resources and zoning in the play areas. Wet lunches were also reviewed and reorganised.

Children and staff completed questionnaires before the changes and repeated again after the new plan was implemented.

Impact:

- Lunchtimes are more fun and exciting
- Children enjoying new activities and experiences at lunchtime
- Children developing the skills of sharing, team work and sportsmanship
- Lunch supervisors are empowered and feel valued
- Children learn valuable play and social skills
- Children keep fit and healthy
- Children develop sports skills
- Children are occupied and incidences of fall outs and accidents are fewer
- Less children with behavioural or first aid issues at lunchtime.
- Children are warm if they are active in the colder months
- Children return to class having burnt off some energy, ready to settle down to learning in the afternoons.

Extra-Curricular Sports Clubs

We extended our provision of after school clubs, with two additional after school clubs (one for KS2 and one for KS1 / R). Plus a football club by Sports plus is run during a lunchtime, which is timetabled for each year group. (Funded by Sports premium)

Impact:

- Clubs were full
- Children in KS1 and R had the opportunity for the first time to attend a PE club after school
- We had a football team who were able to develop their skills during the lunchtime club and play in regular matches with other schools
- We attained the Bronze Award for PE.

Taste Time

Taste Time was introduced during 2015 – 2016 as part of the curriculum for Design and Technology. Every year group will have the termly opportunity to plan, prepare and taste a simple meal or food. This will enable children to develop their knowledge of healthy food and to extend their experiences of types of food whilst enabling children to develop the skill of preparing simple meals. The sports premium funds the ingredients for Taste Time.

Impact:

- Children have developed their knowledge of what constitutes healthy food.
- Children are tasting different foods, outside of their current experience
- Children understand the importance of hygiene when preparing food or meals
- Children are able to prepare simple meals independently

Sports Premium Information 2014 - 2015

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact of 2014 – 2015

- Amount received from the grant: **£9725**
- Amount Committed in total for the equipment: **£15,500**

Woodlands spent all the Sports Premium Grant and committed an additional amount to purchase a safe yet adventurous climbing zone on the Key Stage One playground (approximately £12,250) and a "Trim Trail" for Key Stage Two pupils in order to develop our children's gross motor skills in KS1 and KS2. (approximately £3,250)

Both climbing zones are timetabled daily for use during play, lunch times and within PE lessons. They are well used and enjoyed by children of all ages, including Reception who have timetabled access.



What do our children think? This is what our Learning Ambassadors have to say...

"I love them because I get to play 'minecraft' on the climbing frame with Lewis" Joshua Jake (1H)

"They're good for climbing on because at home I don't have a climbing frame." Hollie Turner (2A)

"I felt a bit nervous when I first climbed to the top." Ellie Roath-More (1H)

"The climbing wall is tricky to climb along because some of the handles are high and some are low." Luke Baker (2A)



What do our children think? This is what our Learning Ambassadors have to say...

“The Jungle Gym teaches everyone to share and be patient.” Jake Taylor (5T)

“It develops your skills and teaches you how to climb and swing.” Callum Pearce (6E)

At first I couldn't do the monkey bars but I can now.” Tegan Hobbs (5T)

“It's fun!” Isabelle Fillingham (6E)



Sports Premium Information 2013 - 2014

Every school receives an amount of funding every year to develop pupils' Physical Education, sports participation and attainment.

Impact of 2013 – 2014: Open Door Therapy

All of our Y3 children and other identified children participate daily in Open Door Therapy. We utilised our sports grant funding in 2013 – 2014 to fund the professional development and qualification for the SENCo. Open Door Therapy has been extremely successful in developing and improving all of the children's fine and gross motor skills whatever their initial ability. Hand eye coordination, balance and posture are improved considerably through a series of specifically designed exercises that are carried out each day.

Two Teachers in our Y3 Team were invited to speak in Chester, November 2014 and during Autumn 2015 they also presented at the Royal Society of Arts, London (INPP the Development in Education Conference). The aims of these presentations were to explain the administration of the programme for our school, the impact of the programme, data and evidence, as well as the views of the children. In the audience were delegates from around the world along with members of the government and the academic community. The presentation was positively received and was met with numerous questions, which resulted in many of the delegates considering a different approach of implementation due to the evidence put forward.