

Free School Meals

If you think you may be entitled to free school meals or if you are unsure, you can apply online at: https://go.walsall.gov.uk/free_school_meals

If you prefer to link directly to the FSM registration form rather than the webpage, please visit: <https://go.walsall.gov.uk/forms/application-for-free-school-meals>

Alternatively, you can collect a form from the school office.



WHAT'S ON OUR
menus



School Lunch Menu's

3rd September 2020 – 18th December 2020

MENU A – W/C 21st Sept, 12th Oct, 9th Nov, 30th Nov

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with Various Toppings	Sausage	Roast Pork & Stuffing	Spaghetti Bolognese	Oven Baked Fish (KS2) Fish Fingers (KS1)
Vegetable Bake	Tomato Pasta	Quorn Fillet	Vegetable Bake	
Tomato Pasta Sweetcorn	Mash Potato Mixed Veg	Mashed Potato Roast Potatoes Broccoli Carrots	Carrots & Peas	Chips Beans Peas
Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes
Blueberry Muffins	Ice Cream Roll	As Below	Chocolate & Orange Sponge with Custard	Vanilla Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

MENU B – W/C 7th Sept, 28th Sept, 19th Oct, 16th Nov, 7th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Cheese Pizza	BBQ Chicken Wraps	Roast Chicken & Stuffing	Salmon & Broccoli Bake (K1) – Salmon Fish Cakes	Beef Burger
Vegetable Bake	Vegetable Wrap	Cheese & Potato Pie (V)	Quorn Fillet	Vegetarian Burger
Herby Potatoes Mixed Salad Peas/Beans	Rice Sweetcorn	Mashed Potato Roast Potatoes Cauliflower Carrots	Mash Potato Peas	Chips Beans Sweetcorn
Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes
Chocolate Fairy Cake	Mousse	As Below	Banana Cake & Custard	Strawberry Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

Monday	Tuesday	Wednesday	Thursday	Friday
Oven Baked	Pizza (with	Roast Pork &	Chicken Pie	Oven Baked Fish

MENU C – W/C 14th Sept, 5th Oct, 2nd Nov, 23rd Nov, 14th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with Various Toppings	Chicken Tikka Curry	Roast Beef & Yorkshire Pudding	Meatballs & Pasta	Oven Baked Chicken Nuggets
Sauté Potatoes	Vegetable Curry	Cauliflower Cheese (V)	Veggie balls	Vegetarian Sausage
Sweetcorn Mixed Salad	Rice Nann Bread Mixed Veg	Mashed Potato Roast Potatoes Broccoli Carrots	Carrots Green Beans	Chips BBQ Beans Peas
Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes
Gingerbread Man	Iced Fruit Sponge & Custard	As Below	Pancakes	Chocolate Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

Dietary Requirements

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken Wraps	Pizza (with various toppings) (V)	Roast Lamb & Mint Sauce (KS2) Chicken (KS1)	Southern Fried Chicken	Beef Burger

Vegetable Wrap	Herby Potatoes	Cheese & Potato Pie (V)	Quorn Fillet	Vegetarian Burger
Here at Woodlands Academy of Learning, we endeavour to promote Healthy Eating using local fresh produce. All meals are freshly prepped and cooked on site and are all school compliant. Vegetarian option is available daily.	Rice Peas Mixed Salad	Mashed Potato Roast Potatoes Cauliflower Carrots	Rice Sweetcorn	Chips Beans Peas

Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes	Mini Salad Bar Assorted Sandwich/Roll Jacket Potatoes
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Children with Allergies are offered suitable alternatives. (Please let us know if your child has any allergies)

Our Food Hygiene Rating is 5*

Chocolate Muffin	Muffin	As Below	Banana Cake with Custard	Strawberry Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits



Monday	Tuesday	Wednesday	Thursday	Friday
Oven Baked Salmon Fish Cake	Pizza (with various toppings) (V)	Roast Pork & Stuffing	Chicken Pie	Oven Baked Fish (KS2) Fish Fingers (KS1)
Vegetable Bake	Tomato Pasta	Quorn Fillet	Vegetable Bake	

Wedges Spaghetti Hoops	Sweetcorn Mixed Salad	Mashed Potato Roast Potatoes Broccoli	Mashed Potato Mixed Vegetables	Chips Beans Peas
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