

## **Free School Meals**

If you think you may be entitled to free school meals or if you are unsure, you can apply online at: [https://go.walsall.gov.uk/free\\_school\\_meals](https://go.walsall.gov.uk/free_school_meals)

If you prefer to link directly to the FSM registration form rather than the webpage, please visit: <https://go.walsall.gov.uk/forms/application-for-free-school-meals>

Alternatively, you can collect a form from the school office.



**WHAT'S** ON OUR  
**menus**



# School Lunch Menu

4<sup>th</sup> January 2021 – 29<sup>th</sup> March 2021

**MENU A – W/C 4<sup>th</sup> Jan, 25<sup>th</sup> Jan, 22<sup>nd</sup> Feb, 15<sup>th</sup> Mar**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Pizza with Various Toppings	Sausage	Roast Pork & Stuffing	Spaghetti Bolognese	Oven Baked Fish (KS2) Fish Fingers (KS1)
Vegetable Bake	Tomato Pasta	Quorn Fillet	Vegetarian Spaghetti Bolognese	
Tomato Pasta Sweetcorn	Mashed Potato Mixed Veg	Mashed Potato Roast Potatoes Broccoli Carrots	Carrots & Peas	Chips Beans Peas
Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes
Blueberry Muffins	Ice Cream Roll	As Below	Chocolate & Orange Sponge with Custard	Vanilla Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

**MENU B – W/C 11<sup>th</sup> Jan, 1<sup>st</sup> Feb, 1<sup>st</sup> Mar, 22<sup>nd</sup> Mar**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cheese & Tomato Pizza	BBQ Chicken Wraps	Roast Chicken & Stuffing	Oven Baked Fish (KS2) (KS1) – Salmon Fish Cakes	Southern Fried Chicken
Vegetable Bake	Vegetable Wrap	Cheese & Potato Pie (V)	Quorn Fillet	Vegetarian Chicken Nuggets
Herby Potatoes Mixed Salad Peas/Beans	Rice Sweetcorn	Mashed Potato Roast Potatoes Cauliflower Carrots	Mashed Potato Peas	Chips Beans Sweetcorn
Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes
Chocolate Fairy Cake	Mousse	As Below	Banana Cake & Custard	Strawberry Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

## MENU C – W/C 18<sup>th</sup> Jan, 8<sup>th</sup> Feb, 8<sup>th</sup> Mar, 29<sup>th</sup> Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with Various Toppings	Chicken Tikka Curry	Roast Beef & Yorkshire Pudding	Meatballs & Pasta	Oven Baked Chicken Nuggets
Sauté Potatoes	Vegetable Curry	Cauliflower Cheese (V)	Veggie balls	Vegetarian Chicken Nuggets
Sweetcorn Mixed Salad	Rice Naan Bread Mixed Vegetables	Mashed Potato Roast Potatoes Broccoli Carrots	Carrots Green Beans	Chips BBQ Beans Peas
Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes
Gingerbread Man	Iced Fruit Sponge & Custard	As Below	Pancakes	Chocolate Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

### Dietary Requirements

Here at Woodlands Academy of Learning. We endeavour to promote Healthy Eating using local fresh produce.

All meals are freshly prepped and cooked on site and are all school compliant.

Vegetarian option is available daily.

Children with Allergies are offered suitable alternatives. (Please let us know if your child has any Allergies).

Our Food Hygiene Rating is 5\*

