

## **Free School Meals**

If you think you may be entitled to free school meals or if you are unsure, you can apply online at: [https://go.walsall.gov.uk/free\\_school\\_meals](https://go.walsall.gov.uk/free_school_meals)

If you prefer to link directly to the FSM registration form rather than the webpage, please visit: <https://go.walsall.gov.uk/forms/application-for-free-school-meals>

Alternatively, you can collect a form from the school office.



**WHAT'S** ON OUR  
**menus**



Spring Term 2021/2022

# School Lunch Menu

January 2022 – April 2022

**MENU A – w/c 10<sup>th</sup> Jan, 31<sup>st</sup> Jan, 28<sup>th</sup> Feb, 21<sup>st</sup> March 2022**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cheese & Tomato Pizza (v) (KS1/KS2) Pepperoni Pizza (KS2)	Sausage (KS1 & KS2)	Roast Turkey & Stuffing	Spaghetti Bolognese	Oven Baked Fish (KS2) Fish Fingers (KS1)
Cheese & Tomato Pizza (v)	Cheese & Onion Pasty (v)	Quorn Fillet (v)	Vegetarian Sausage (v)	Nuggets (v)
Sweetcorn	Oven Baked Wedges Spaghetti hoops	Mashed Potato Roast Potatoes Broccoli & Carrots	Rice Green Beans	Chips Beans or Peas
Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes
Muffins	Cake & Custard	As Below	Chocolate & Orange Sponge with Custard	Vanilla Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

**MENU B – w/c 17<sup>th</sup> Jan, 7<sup>th</sup> Feb, 7<sup>th</sup> March, 28<sup>th</sup> March 2022**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cheese & Tomato Pizza (v) (KS1 & KS2) Pepperoni Pizza (KS2)	Chicken Wraps	Roast Pork & Stuffing	Fish Fingers (KS2) Salmon Fish Cake (KS1 & KS2)	Burger & Bap (KS2) Burger (KS1)
Cheese & Tomato Pizza (v)	Tomato Pasta (v)	Cheese & Potato Pie (v)		Vegetarian Bake (v)
Herby Potatoes Peas	Sweetcorn	Mashed Potato Roast Potatoes Sprouts & Carrots	Mashed Potato Mushy Peas	Chips Beans or Peas
Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes
Ice Cream Roll	Fairy Cake	As Below	Iced Fruit Sponge & Custard	Strawberry Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

## MENU C – w/c 3<sup>rd</sup> Jan, 24<sup>th</sup> Jan, 14<sup>th</sup> Feb, 14<sup>th</sup> Mar, 4<sup>th</sup> Apr 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza (v)(KS1/KS2) Pepperoni Pizza (KS2)	Chicken Curry	Roast Beef & Yorkshire Pudding	Meatballs & Pasta	Oven Baked Chicken Nuggets (KS1/KS2)
Cheese & Tomato Pizza (v)	Vegetable Curry (v)	Cauliflower Cheese (V)	Veggie balls (v)	Vegetarian Bake (v)
Sauté Potatoes Sweetcorn	Rice Naan Bread Mixed Vegetables	Mashed Potato Roast Potatoes Broccoli & Carrots	Carrots & Peas	Chips Beans or Peas
Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes	Mini Salad Bar Assorted Sandwiches/Rolls Jacket Potatoes
Gingerbread Man	Bakewell Sponge & Custard	As Below	Pancake	Chocolate Ice Cream
Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits	Fresh Fruit Yoghurts Cheese & Biscuits

### Dietary Requirements

Here at Woodlands Academy of Learning. We endeavour to promote Healthy Eating using local fresh produce.

All meals are freshly prepped and cooked on site and are all school compliant.

Vegetarian option is available daily.

Children with Allergies are offered suitable alternatives. (Please let us know if your child has any Allergies).

Our Food Hygiene Rating is 5\*

