



# Support Information



## Child and Young Person Support

Agency Name	Description of Service Offered	Contact Details
Brain parade	Resources and games to support children with special educational needs.	<a href="http://www.brainparade.com/products/see-touch-learn-free">www.brainparade.com/products/see-touch-learn-free</a>
BBC bitesize	General resources and activities for home learning for all ages.	<a href="http://www.bbc.co.uk/bitesize/dailylessons">www.bbc.co.uk/bitesize/dailylessons</a>
<u>BBC Bitesize: Fact or Fake</u>	Lots of activities and resources related to fake news and COVID-19	<a href="https://www.bbc.co.uk/bitesize/tags/zr2yscw/fact-or-fake/1">https://www.bbc.co.uk/bitesize/tags/zr2yscw/fact-or-fake/1</a>
Childline	One to one counsellor available to chat online or on the phone. Support in understanding Coronavirus, calming techniques, advice on issues faced by children and young people.	<a href="http://www.childline.org.uk">www.childline.org.uk</a> Freephone on 0800 1111
Helpkidzlearn	Resources and games to support children of all needs and stages.	<a href="http://www.helpkidzlearn.com">www.helpkidzlearn.com</a>
Internet Matters	Support for parents and carers to keep their children safe online.	<a href="https://www.internetmatters.org/">https://www.internetmatters.org/</a>
Kooth.com	Online support for young people – free, safe and anonymous.	<a href="http://www.kooth.com">www.kooth.com</a> Monday-Friday 12pm – 10pm Saturday-Sunday 6pm-10pm
National Literacy Trust	fake news and critical literacy resources, including lesson plans for different subject areas	<a href="https://literacytrust.org.uk/resources/fake-news-and-critical-literacy-resources/">https://literacytrust.org.uk/resources/fake-news-and-critical-literacy-resources/</a>
Oak National Academy	General resources and activities for home learning for all ages.	<a href="http://www.thenational.academy/">www.thenational.academy/</a>
School Health (5 – 16 year olds)	School aged child support. A confidential text service (contact with a nurse) for discussion of any health concerns.	<a href="http://www.walsallhealthcare.nhs.uk/our-services/school-nursing">www.walsallhealthcare.nhs.uk/our-services/school-nursing</a> Chathealth service (11-19yrs) – 07480635363 Parent Chathealth - 07520634909
Shout	Support for anyone suffering from a mental health crisis, who is struggling to cope. 24/7 text service – free on all major networks.	<a href="http://www.giveusashout.org">www.giveusashout.org</a> TEXT: 85258
Tate Kids	Art based activities games and quizzes.	<a href="http://www.tate.org.uk/kids">www.tate.org.uk/kids</a>
The sensory projects	Resources and games to support children with special educational needs.	<a href="http://www.thesensoryprojects.co.uk/covid19-resources">www.thesensoryprojects.co.uk/covid19-resources</a>
Think u Know	Advice from the National Crime Agency - Support for children, to help them stay safe online.	<a href="https://www.thinkuknow.co.uk/">https://www.thinkuknow.co.uk/</a>
Visuals2go.com	Resources and games to support children with communication and language difficulties.	<a href="http://www.visuals2go.com">www.visuals2go.com</a>
Young Minds	Advice on dealing with coronavirus – mental health support, self-help tools.	<a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a>



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## Parent/Carer Support

Agency Name	Description of Service Offered	Contact Details
'Entitled To' benefit calculator	Online advice on Coronavirus, universal credit and other benefits.	<a href="http://www.entitledto.co.uk">www.entitledto.co.uk</a>
Black Country Women's Aid (BCWA)	Support for victims of domestic abuse, rape, sexual violence and modern slavery. To cope with trauma and rebuild their lives.	<a href="https://blackcountrywomensaid.co.uk/">https://blackcountrywomensaid.co.uk/</a> 0121 553 0090
CEOP	For advice and support on reporting online abuse.	<a href="https://www.ceop.police.uk/safety-centre/">https://www.ceop.police.uk/safety-centre/</a>
Child Bereavement UK	National helpline to support those suffering with bereavement	Support Line: 0800 02 888 40
Counselling Directory	Support agency for anyone who may need to access counselling.	<a href="http://www.counselling-directory.org.uk/">www.counselling-directory.org.uk/</a>
Covid-19 community help	Practical support for collection of prescriptions, shopping, financial advice etc.	<a href="mailto:COVID-19communityhelp@walsall.gov.uk">COVID-19communityhelp@walsall.gov.uk</a> 0121 380 6690
LGFL	Support for parents and carers to keep their children safe online.	<a href="https://www.lgfl.net/online-safety/">https://www.lgfl.net/online-safety/</a>
<b>MASH Early Help</b>	Initial Response Service for anyone who has concerns that the safeguarding needs of a child are not being met, that a child may not be safe.	0300 555 2866
New Applications for Free School Meals	Advice for families who may now need to access Free School Meal Provision.	<a href="https://go.walsall.gov.uk/forms/Application-for-Free-School-Meals">https://go.walsall.gov.uk/forms/Application-for-Free-School-Meals</a>
NSPCC – Net aware	Support for parents and carers to keep their children safe online.	<a href="https://www.net-aware.org.uk/">https://www.net-aware.org.uk/</a>
Parent Info	Support for parents and carers to keep their children safe online.	<a href="https://parentinfo.org/">https://parentinfo.org/</a>
Rethink	Advice and support for those with mental health difficulties.	<a href="https://www.rethink.org/">https://www.rethink.org/</a>
Safer internet	Support for parents and carers to keep their children safe online. To report and remove harmful online content.	<a href="https://www.saferinternet.org.uk/">https://www.saferinternet.org.uk/</a>
Scope	Support online and via telephone for parents and carers of disabled children.	<a href="https://www.scope.org.uk/services/">https://www.scope.org.uk/services/</a>
Star Academies	Phone service to contact teachers, providing support to parents on home learning.	The StarLine: 0330 313 9162.
SWING (WBSS)	Walsall Bereavement Service. Support for those suffering bereavement.	<a href="http://www.wbss.org.uk/">http://www.wbss.org.uk/</a> 01922 645035
Talking Therapies	Support for people of 17 yrs and over, who may be experiencing depression and anxiety. Self-referrals for CBT and self-help information.	<a href="http://www.dwmh.nhs.uk/walsall-talking-therapies-service/">http://www.dwmh.nhs.uk/walsall-talking-therapies-service/</a> Self-referral by phone and online – 0800 953 0995
Virtual College	Free online courses to help parents to understand self-harm in their child. Guidance on how to discuss this with the child.	<a href="https://www.virtual-college.co.uk/courses/safeguarding/understanding-young-minds">https://www.virtual-college.co.uk/courses/safeguarding/understanding-young-minds</a>
Winston's Wish	Freephone national helpline to support those suffering with bereavement	National Helpline: 08088 020 021