

Friday 29<sup>th</sup> January 2021

Dear Parent/Carer,

### **Advice for your child to self-isolate**

We have been advised that there has been a confirmed case of COVID-19 within your child's family group.

We have followed the national guidance and been advised by Public Health England that your child may have come into close contact with the affected individual. It is advised that your child now **stays at home and self-isolates** until, and including, **Saturday 6<sup>th</sup> February**. Your child must not go to school or any public areas: your child must remain at home. Further details of what your child needs to do are in NHS Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact Walsall County Council. Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period. If your child is well at the end of the period of self-isolation and they have been symptom free for 48 hours, then they can return to usual activities from Sunday 7<sup>th</sup> February 2021.

### **What to do if your child develops symptoms of COVID 19**

For most people, especially children, COVID-19 will be a mild illness. The most common symptoms of COVID-19 are recent onset of:

- New continuous cough and/or
- High temperature and/or
- A loss of, or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms of COVID-19, they should remain at home for 10 days and arrangements should be made for them to be tested. Testing can be arranged by calling 119 or via the NHS website: [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus). When the result of the child's test is known further advice will be available.

If your child does develop symptoms you can seek advice from the NHS, either by calling 111 or reading the guidance on the website

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>

At that time all other household members must also stay at home for 10 days, not go to work, school or public areas, even for exercise.

## **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- Wash your hands with soap and water often – do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards

## **Remote Learning**

Children are expected to access the remote learning on Google Classroom during this period of time.

If you have any questions regarding the learning, then please contact the year 6 team on their email: [Year6@woodlands.walsall.sch.uk](mailto:Year6@woodlands.walsall.sch.uk)

We shall continue to monitor the situation carefully and follow all guidance from Public Health England. If there is any further news please be reassured that we shall update you as soon as possible.

Yours sincerely,

T G Newton,

Headteacher